	WEDNESDA	Y JUNE 28TH		
10.00 10.45 11.00 - 12.15	• •			
12.30 15.30 - 16.00 16.00 - 17.15	<b>C G g</b>	pirals Method: introduction, body awar	eness and connecting to heaven and earth	
17.30 - 18.45 18.45 - 19.15			ng staff.	
19.30 21.00 21.30	Dinner Welcome cocktail by Free <i>Tui-Show</i>	CRT		
-2.50	Tuesday J	UNE 29TH		
7.00 - 8.00	Chi Kung on the bead	ch: Eight Brocades - Faye Li Yip		
8.30 9.00 - 9.15	Breakfast Secretary office open			
9.15 - 10.30		nthesis and spirals in Tai Chi Chuan o Pugliese, Pierluigi Reveanne		
10.45 - 12.15 12.30	Tai Chi Weapons: th Lunch	ue fan - Faye Li Yip		
15.30 - 16.00	Secretary office open			
16.00 - 17.15	Arcadio Rizzardi e A		i Reveanne	
17.30 - 18. 45 18.45 - 19.15		ocaaes - Faye Li Yip octice with Assistance of the CRT teachin	ng staff.	
19.30 21.30	Dinner <b>Meditation</b> - Marzia	Bianchi		
	FRIDAY JUI	NE 30TH		
7.00 - 8.00 8.30	<b>Chi Kung on the bead</b> Breakfast	h: White Crane Run Tun (body Wave) -	Aiko Mescola	
9.00 - 9.15 9.15 - 10.30	Secretary office open Tai Chi Saber: practice for health, martial aspects and pair work			
10.45 - 12.15	Riccardo Belli, Giano	carlo Ronchi, Arcadio Rizzardi, Antonio s nthesis and spirals in Tai Chi Chuan		
12.30	Valter Doldi, Antoni Lunch	o Pugliese, Pierluigi Reveanne		
15.30 - 16.00	Secretary office open  Zou Zhang: Walking in a circle holding your palm - Luigi Zanini  Chi Kung of the Biospirals Method: The Meditation, The Preparatory Exercises and the three sequences  Verena Battilana, Marzia Bianchi, Aiko Mescola, Gillian Reid, Violetta Viola  Training and free practice with Assistance of the CRT teaching staff.			
16.00 - 17.15 17.30 - 18.45				
18.45 - 19.15 19.30	Dinner			
21.30	Lab and Meditation	1: Your personal Tai Chi Mandala - Ant	tonio Schiavone	
	SATURDAY	JULY 1ST		
7.00 – 8.00	Chi Kung on the beach - Luigi Zanini			
8.30 - 9.00 9.00 - 9.15	Breakfast Secretary office open			
9.15 - 10.30		ice for health, martial aspects and pair w earlo Ronchi, Arcadio Rizzardi, Antonio s		
10.45 - 12.15	Ba Men: Work on: r	otating the Eight Doors - Luigi Zanini	ocina vone,	
12.30 15.30 - 16.00	Lunch Secretary office open			
16.00 - 17.15	Zou Zhang: Walkin	<b>g in a circle holding your palm</b> - Luigi Zai		
17.30 - 18.45	Valter Doldi, Arcadio	e push hand techniques: spiralling and ha o Rizzardi, Giancarlo Ronchi		
17.30 - 18.45	• • • •	<b>pirals Method: The Meditation, The Prep</b> Arzia Bianchi, Aiko Mescola, Gillian Reid	paratory Exercises and the three sequences l, Violetta Viola	
18.45 - 19.15 19.30	<b>Training and free pro</b> Dinner	actice with Assistance of the CRT teaching	ng staff	
21.00	Dancing party on the	e beach by CRT		
	SUNDAY JU	LY 2ND		
8.30 - 9.00 9.00-10.15	Breakfast Ba Men: Work on: 1	otating the Eight Doors - Luigi Zanini		
10.15- 11.15		reparation for the games - Valter Doldi, (	Giancarlo Ronchi	
11.30	Lunch, seminar endi		Note: the program may vary	
		REGISTRATION FORM		
Name and surname	e	O Whole seminar	Deposit € 100.00 O cash O bank transfer	
		O 3 days Date	Payment options	
		O 2 days Date	Associazione Centro Ricerche Tai Chi Banco Posta CCP n° 17273301	
Country		O 1 day Date	Iban 1T75 K076 0102 0000 0001 7273 301	
		O 1/2 a day Date	Bic/Swift BPPIITRRXXX	
Phone		Accommodation	O cash O bank transfer	
E-mail		O Yes O No	D. (	
		O Full board in a room	Date	
		O Half board in a room	Signature	
CRT Card No		O Full board with own tent		
		Halfboard with own tent	I authorise the handling of my personal data by the abo-ve association within the Law No. 675 / 96,	

O Half board with own tent

section 13.



#### THE LOCATION AND VENUE

Marino Village of Ca' Roman dates back to the beginning of the last century on the island of Pellestrina due to the initiative of some families from Padua wishing to accommodate sick children.

This structure is to this day heritage of the Villaggio Marino Ca' Roman Association. The island offers vast green areas adjacent to an uncontaminated beach.

The island, which is also an oasis counts over 100 species of birds, both residential and migrant, censured within its boundaries, a testimony of its great value in biological diversity. It proves particularly suitable for occupational and climate therapy residence. Isolated, yet with regular transport to the historical centre of Venice, Chioggia and the mainland it relishes in a favourable position.

The open spaces, the large halls, country lanes and playing fields candidates this complex as a meeting place for cultural exchanges.

#### GETTING THERE

From Venezia S.Lucia Railway Station and from Piazzale Roma

Waterboat direction Lido. From Lido bus n°11 to Pellestrina to the bus stop Ca' Roman. From Marco Polo Airport Venezia:

Fast-boat Alilaguna to Lido. From Lido bus n°11 to Pellestrina to the bus stop Ca' Roman. By car

Ferry boat from Tronchetto direction Lido. Once at Lido, continue in the direction of Alberoni to the next ferry boat. Ferry boat to the island of Pellestrina, continue along the island as far as Ca' Roman.

In alternative

From Chioggia, Silos car park in proximity of the water bus jetty for Pellestrina stopping at Ca' Roman.

Timetable ACTV Available on website www.actv.it

#### THE HOST MASTERS

Faye Li Yip

Began martial art training in Shaolin and Wushu at the age of 11, under her father Professor Li Deyin. At 17 she began training in Yang and Sun Tai Chi Chuan. She has won many medals in Tai Chi Competitions at the University Wushu in China. Faye is the founder of Deyin Tai Chi Chuan Institute (UK) in the Wolverhampton area of England, specialised in teaching of Yang and Sun style Tai Chi routines.

Luigi Zanini

Started training traditional Chinese Kungfu at a young age: Baguazhang, Shaolin and Tamtui, for self-defence and health, with master Stefano Bellomi. After over 10 years of training he became dedicated to internal Chinese systems of Neijia, in particular Baguazhang and Yiquan (with master Wang Qiang, and others). Renowned in all Europe, since 1991, for his specialization in Baguazhang. Italian champion in 1988 for both combat and weapons, international referee for competitions with European experience. Has a vast knowledge of internal and external styles.

#### RATES

From Wednesday 28th of June to Saturday the 2nd of July 2017

Complete seminar	€ 390
3 days	€ 270
2 days	€ 190
1 day	€ 100
1/2 a day	€60

10% discount is available if you have attended any CRT Seminar in 2016/2017 or if coming from overseas.

A further 10% discount is available if you book before the 7th of May (in addition to the pre-vious one).

# BOOKING CONDITIONS

Bookings can only be made by paying the appropriate deposit. A booking can only be confirmed once the amount has been received with the enrolment or e-mail form addressed to: aquavenice@hotmail.it In the case of cancellation the deposit will not be refunded.

# FOOD AND ACCOMODATION

Accomodation offers rooms sleeping 3/4/5 people with bathroom en suite, sheets and maid service. Guests are asked to bring their own towels and hairdryers.

The grounds has a vast green area and offers the option of bringing your own tent with the use of comunal bathrooms.

All prices refer to the cost per person, per day.

Full board in a room	€ 45	
Half board in a room	€ 35	
Full board with own tent	€ 35	
Half board with own tent	€ 25	
Lunch and/or dinner for		
those present only for the day	€ 15	
Closing dinner, Saturaday 1st July	€ 20	

All bookings for accommodation will be handled directly by CRT and must be made along with enrolment for the seminar.

# TEACHERS

M° Faye Li Yip M° Luigi Zanini Masters and Teachers of the Centro Ricerche Tai Chi

# ORGANIZING COMMITEE

Centro Ricerche Tai Chi www.taichi.it

Marzia Bianchi Cell. (+39) 335 6462407

**Verena Battilana** Cell. (+39) 340 2276891

Aiko Mescola Cell. (+39) 347 1774812 Mail: aquavenice@hotmail.it

Fb: Centro Ricerche Tai Chi A.S.D

# The Practice of Beauty

"nothing touches the soul, nothing brings it enthusiasm like the moments of beauty- of nature, of a face, of a song, a play or a dream, and we feel that these moments are purely therapeutic: they give us awareness of the soul and teach us to guard its value. We are touched by beauty"

JAMES HILLMAN